

STAFFORDSHIRE COUNCIL OF VOLUNTARY YOUTH SERVICES

Spring 2023 Update



Phil's Outlook

The cost of living crisis seems to be really beginning to bite. Many individuals, families and organisations are feeling the pinch. The statistics around food bank usage and people falling into debt are truly scary, and there is no end in sight. Reducing inflation to 'only' 5% is now seen as success, when for the last 10 years it has been well below that. All of this has led to disquiet and protest across many parts of the adult workforce as well as

increased pressure on young people who are reacting to these pressures in various ways including increased anti-social behaviour, opting out of education or simply feeling overwhelmed by fears about their future.

During these challenging times for individuals, families and organisations, I wanted to reiterate the SCVYS support offer to you and your organisation:

- Our Development Support Team is here to help you with any and every query related to the running and development of your organisation. The team is knowledgeable and responsive, and it is rare to receive a query we haven't had previously. Funding is almost always a priority for most organisations, so as well as proactively sending out relevant grant opportunities to members, we can also undertake a bespoke funding search for your organisation and your current funding needs. Contact your local development worker or <u>office@staffscvys.org.uk</u> for assistance.
- Our Youth Engagement Coordinator is keen to connect with young people wanting to express opinions on the issues that are important to them, and can also support you with peer-led mental health support training. Contact <u>sean@staffscvys.org.uk</u> for more information.

• Our PSHE Coordinator continues to support schools and education providers with resources and guidance enabling young people to get good information to help them make positive decisions in all the issues that they face. Contact natalie@staffscvys.org.uk for more details.

In this edition of our e news, you can find more information on:

- Our updated training offer, which SCVYS has funded from our reserves, as we know how important training is for our members to enable them to operate compliantly.
- Some exciting new projects for local young people to get involved in.
- An engagement opportunity for young people to feedback and shape future responses to local issues of serious violence.
- And lots more too.

Thanks for all you and your organisation does to support children, young people and families across Staffordshire. It is crucial throughout this time that young people have somewhere safe to go, something positive to do and someone trusted to talk to.

Youth Engagement Opportunities



Active recruitment! Youth Social Action

Hi everyone, Sean here with some really exciting opportunities for children & young people to get involved in projects we are supporting. The focus for Spring is youth voice, power and influence.

Whether it's developing carbon literacy skills and making hedgehog houses, supporting the Youth Parliament priorities on the cost of living, or looking

into the impact of climate change on youth mental health, I'd really like your help to recruit for the following projects:

Young Community Researchers

Young Community Researchers is a project SCVYS have partnered with Staffordshire University to develop, funded by UK Research and Innovation, with a focus on 'Climate Anxiety'. We need SCVYS members from across the whole county to help us reach young people with less access and opportunities within research and innovation. By supporting us with the project, we may be able to supply your group with some environmental/educational resources.

Climate change poses a major threat to human health, however, research is scarce on the psychological effects. Youth non-profit organisation <u>Force of Nature</u> finds that over 70% of young people feel hopeless in the face of the climate crisis and as many as 56% believe humanity is doomed. But only 26% feel that they know how to contribute to solving the problem.

Working with Staffordshire University and their 'Get Talking' model of community research, this project aims to convert anxiety to agency and inspire young people to conduct research and take direct action in their local communities.

The young people on this project will be the first to adapt 'Get Talking' specifically for young people alongside Staffordshire University, will learn more about climate and sustainability from experts and will be empowered to become drivers of positive change where they live.

We are hosting virtual Q&A sessions on MS Teams on Thursday 16th March between 12-2pm and 5-7pm to provide further information.

12:00 https://teams.microsoft.com/l/...

17:00 https://teams.microsoft.com/l/...

Please drop in and say hello!



Staffordshire Youth Union

Staffordshire Youth Union are currently recruiting for members aged 11-18 (up to 25 with SEND) to be part of the countywide network.

We aim to bridge the gap between local and national politics and young people by running campaigns and raising awareness for the issues affecting young people, working hand in hand with the British Youth Council and UK Youth Parliament; whose campaign priority 'Cost of Living and Health' will undoubtedly resonate with children and families right now.

Members of SYU will be the first to have access to exclusive local, regional, and national events and opportunities to

meaningfully engage with and represent the voices of children and young people. This could even lead to becoming a Member of Youth Parliament and representing Staffordshire in the Houses of Parliament.

Additionally, they will also have the opportunity to be part of the steering group for the Climate Anxiety: Young Community Researchers project with Staffordshire University.

Staffordshire Moorlands Environmental Project

I'd also like to officially invite SCVYS members in the Staffordshire Moorlands to partner with us as we help develop an environmental education, debate and action network in the district. This is a project which will span several years and link in to wider plans around carbon and nature recovery, so please get involved in the early stages! This will guarantee we can offer spaces to young people in your group/organisation, as places are limited.

The programme will raise the levels of knowledge, awareness and confidence in young people to speak and act in relation to climate change.

Working in partnership with Staffordshire Moorlands District Council, The Globe Group, Moorlands Climate Action, and more, we have limited spaces for young people attending voluntary groups and organisations ages 11-18 so please get in touch to help offer this free programme to children and young people.

WHAM Plan

A free emotional health & wellbeing course designed by young people, for young people

The Wellbeing & Health Action Map is a course and toolkit created by young people in Staffordshire alongside CAMHS professionals. It covers topics such as;

- What is emotional wellbeing?
- The food-mood connection
- Healthy relationships
- Mindfulness in nature



All resources are free and printable; please ask about delivery within your setting.

To register your interest, or for information about the above opportunities for young people, contact me directly at <u>sean@staffscvys.org.uk</u> or visit our <u>website</u>.

Thanks,

Sean

Young people's perceptions of violence in Staffordshire & Stoke-on-Trent engagement exercise.

<u>SCVYS</u> and the <u>Stoke-on-Trent and</u> <u>Staffordshire Violence Reduction</u> <u>Alliance</u> (VRA) want to engage with children and young people aged 11-25 years old in Staffordshire & Stoke-on-Trent. The aim of the engagement exercise is to understand their views, concerns and experiences of violence (including their local area and via digital/social media) and what they would like to see put in place to help them feel safe.



The findings of the engagement will be used to produce a written report and:

- Inform the development of the new Violence Reduction Strategy;
- Identify support required locally for young people
- Help shape future awareness campaigns relating to community safety

There are 2 elements to the work:

A survey that can be completed by any young person aged between 11 and 25 either independently or as part of a group session. The questions should take no longer than 10-12 minutes to complete and young people do not have to give any personal details. The link to the survey is here: <u>https://forms.office.com/e/boKz0BUXY8</u> and it will be open until midnight on Sunday 16th April 2023.

If you could share this directly with the young people you work with and via your social media platforms that would be greatly appreciated.

The opportunity for 1-2-1 or small group conversations with young people who have been directly impacted by violence and can therefore provide more qualitative information around their lived experience. If your organisation is interested in facilitating a discussion with young people you know and work with, then do get in touch.

If you have any questions about this work please contact Phil Pusey at: <u>phil@staffscvys.org.uk</u>



Take part in this year's camp

Young people from Germany and Staffordshire have been working together for over 60 years to find out about each others cultures, learn about reconciliation and

remembrance and take part in fun activities.

SCVYS began organising the camp in 2015 and every year, around 30 young people from both countries spend two weeks in Staffordshire, taking part in a packed programme.

This year's camp will take place from Sunday 30th July to Sunday 13th August 2023. We're looking for a group of participants from Staffordshire to take part who are aged 16-18 and live, go to school or attend a youth organisation in Staffordshire.

If you are interested in taking part in this year's camp and have any questions please contact the SCVYS office on <u>01785.240378</u> or <u>office@staffscvys.org.uk</u>

To find out more and apply online <u>click here</u>

Training



Level 3 emergency First Aid at work (EFAW)

Sacred Heart, Silver Link Rd, Glascote Heath, Tamworth B77 2EA

Time 9am - 4pm

Date 25th March 2023

Content includes:

- Responsibilities and reporting
- Bleeding control
- Choking
- Shock
- Assessment of the situation
- Dealing with an unresponsive casualty
- Basic hygiene in First Aid
- Burns
- Epilepsy
- Resuscitation and AED awareness
- Anatomy
- Minor injuries

Candidates must be fit and able to demonstrate techniques on the floor.

<u>Click here</u> to register your place on 25th March 2023

Level 2 Food Safety & Hygiene (Online)



Suitable for anyone working/volunteering in a role that involves the handling or preparation of food.

To request a log on for this training please e mail <u>office@staffscvys.org.uk</u> and ensure you include the name of your organisation.

We can only provide two free log ins per member organisation, so please check with your line manager where possible. If your organisation requires more please contact <u>office@staffscvys.org.uk</u> or call <u>01785_240378</u> to discuss your needs.



Content includes:

- Responsibilities and reporting
- Bleeding control
- Choking
- Shock
- Assessment of the situation
- Dealing with an unresponsive casualty
- Basic hygiene in First Aid
- Burns
- Epilepsy
- Resuscitation and AED awareness
- Anatomy
- Minor injuries

Candidates must be fit and able to demonstrate techniques on the floor.

<u>Click here</u> to register your place on 13th May 2023



Coming Soon

Mental Health First Aid

Check out <u>SCVYS website</u> for more details on date and venue when available.

Level 3 emergency First Aid at work (EFAW)

Rugeley Rifle Club, Wharf Rd, Rugeley WS15 1BL

9am - 4pm

13th May 2023



The Skills Toolkit

while people are staying at home.

free, high-quality courses to help build

Courses on offer cover a range of levels. All courses are online and flexible, so people

To find out more <u>click here</u>



qualifications and kick-start a rewarding career- all while getting paid. There are

To find out more <u>click here</u>



young people to have the skills, knowledge and confidence to do so safely and effectively.

To find out more click here

Promoting Healthy Parental Relationships – understanding parental conflict (delivered via Zoom)

One day course - face to face

This one-day course will give delegates an overview of the keep principles of healthy parental relationships and the impact of parental conflict. It is suitable for people from a range of backgrounds and will provide practical tools and resources to help delegates identify, explore and support parents in conflict.

Target Audience – anyone who works directly with children, young people & their parents including school pastoral staff

27th March 2023 9.30 a.m. – 4.30 p.m.

Places can be booked by emailing delegate name, email address and organisation to <u>children.families.training@staffordshire.gov.uk</u>

Promoting Healthy Parental Relationships - OnePlusOne's practitioner training (delivered via TEAMS)

Who is the training for?

This training is for Family Practitioners.

You will be trained in the use of three digital resources designed to reduce parental conflict with three different audiences:

- Me, You and Baby Too for new parents
- Arguing better for parents experiencing stress and conflict
- Getting it Right for Children for separating or separated parents

Having constructive, supportive relationships has never been more important. These evidence-based resources have been built to help couples strengthen their relationship and manage their conflict better, and to help separated parents understand how conflict can affect their children.

Dates/times

Monday 27th March, 9.30 - 12.30 Tuesday 28th March, 9.30 - 12.30 Thursday 30th March, 9.30 - 12.30 Friday 31st March, 9.30 - 12.30 Monday 17th April, 9.30 - 12.30 Tuesday 18th April, 9.30 - 12.30 Monday 24th April, 9.30 - 12.30 Places can be booked by emailing delegate name, email address and organisation to <u>children.families.training@staffordshire.gov.uk</u>

Safeguarding and Risk Management Hub



The Safeguarding and Risk Management Hub (The Hub) is a freely accessible online resource providing guidance, support, advice and access to training resources in relation to safeguarding and risk management for organisations and individuals working with young people.

To find out more <u>click here</u>

News



Share your Green ideas

We can all do our bit to make Staffordshire greener and reduce our impact on the environment by thinking differently about how we live our

everyday lives. To Get Inspired and find some simple things you can do<u>click here</u>



Nat West Thrive with Marcus Rashford

NatWest Thrive with Marcus Rashford is a programme to help young people grow in confidence, go after their dreams and get into good money habits. It has been developed by specialist

youth workers at the National Youth Agency working closely with young people, to ensure that it's both fun and relevant to them.

To find out more <u>click here</u>

Spark to your Success

Spark to Your Success are excited to announce that, due to their remarkable growth and the need for their services



over the last few years, they have moved to fantastic new bigger premises. Their new home will allow them to help more young people and families in the community who are struggling and need guidance and support, helping them to maintain and improve their mental health, independence and wellbeing. They intend for their new home to become a hub for their local community

where people can come together and have access to advice and support. Once they are settled they will be inviting all their friends and colleagues to a celebration coffee morning.

They are all super excited about the future.

In the picture TeeJay Dowe MD, Sophie Simmonds Business Administrator, Pam Green Business Development Manager, Liz Taylor Specialist Clinical Trainer, Linnet Nyawara Volunteer

To find out more about Spark to Your Success <u>click here</u>



Burntwood Be a Friend Launch Event

Burntwood Be A Friend Charity Launch Event - Thursday gth February -Hammerwich Cricket Club. This was a wonderful evening celebrating Burntwood Be A Friend and all of their hard work which has enabled them to achieve charitable status. It was

great to hear about past, present and future projects from Joanne and Kirk, as well as having the opportunity to speak with the lovely Burntwood Be A Friend staff and volunteers. The room was full of people representing a range of agencies, including; the local council, local schools and businesses, and other local charities. Thank you to everyone involved for the hard work in supporting their local community, and thank you to Burntwood Be A Friend for inviting me to be a part of an amazing evening.

To find out more about Burntwood Be a Friend <u>click here</u>

Trustees Refresh your Knowledge



The Charity Commission for England and Wales Have five 5 minute long guides to help Trustees, whether you're new or experienced they will help you to be sure of your responsibilities and confident you're doing the right thing.

To watch the guides and find out more <u>click here</u>

VAST Working with Young Volunteers



VAST Volunteering has shared their new 'Working with Young Volunteers' guide to help voluntary and community organisations to gain confidence in working with young people and, welcoming and including them in their organisation.

This new guide developed by VAST explains what you need to know about recruiting, safeguarding, and working with young volunteers. It also includes templates for support and supervision, role descriptions and a consent form.

To find out more about the Guide <u>click here</u>

Small Charity Week 2023



This year, <u>Small Charity Week</u> will be the 19th-23rd June and Small Charity Week would love to hear what you want from the week. <u>This quick survey</u> (it's really quick) will let them know what you're interested in, what aspects to keep and what new topics you'd like to see covered. So if you have a spare couple of minutes, please do let them know what you think!

You can also still access <u>resources</u> from last year's Small Charity Week, as well as <u>recordings of the sessions</u>, and <u>blogs</u> so do have a look through and see if there's anything that you'd like to watch or re-watch!

To find out more about Small Charity Week 2023 <u>click here</u>

Martyn's Law

On Monday 19 December 2022, the Government announced details for the Protect Duty, now to be known as 'Martyn's Law' in tribute of Martyn Hett, who was killed alongside 21 others in the Manchester Arena terrorist attack in 2017. Martyn's Law will keep people safe, enhancing our national security and reducing the risk to the public from terrorism by the protection of public venues. It will place a requirement on those responsible for certain locations to consider the threat from terrorism and implement appropriate and proportionate mitigation measures. The legislation will ensure parties are prepared, ready to respond and know what to do in the event of an attack. Better protection will be delivered through enhanced security systems, staff training, and clearer processes.

Further information on Martyn's Law can be found in the factsheet, covering:

- Why do we need Martyn's Law?
- What will Martyn's Law do?
- Who will be in scope and who will it apply to?
- How will it work?
- Locations run by volunteers
- How will Martyn's Law be enforced?

• and other important information

The Home Office is hosting a series of webinars for stakeholders in industry, the public sector, education, charities, and places of worship. The webinar will involve a presentation on Martyn's Law along with an opportunity for questions and answers - details and registration links below. Cabinet Office is not the organiser for these events and you should use the function within Eventbrite to contact the organiser, if needed.

Charities | Weds 08 March 2023 | 14:30-16:00

https://www.eventbrite.com/e/martyns-law-webinar-for-charitiestickets-519089971077

Places of Worship | Thurs 09 March 2023 | 11:00-12:30

https://www.eventbrite.com/e/martyns-law-webinar-for-places-ofworship-tickets-519101836567

Consultation 0-19 Families Health & Wellbeing Service

A consultation has been launched around the proposal to put in place a formal Partnership Agreement between Staffordshire County Council (SCC) and Midlands Partnership NHS Foundation Trust (MPFT) for MPFT to carry out SCC's health-related functions, specifically the Families Health & Wellbeing (0-19) service. Views are being sought on this proposed partnership arrangement between SCC and MPFT.

To complete the short survey <u>click here</u>

The survey will close on the 19th March 2023.

Five tips for managing costs with the new Energy Bills Discount Scheme

NCVO's Practical Support Manager shares advice on what the Energy Bills Discount Scheme means for charities and top tips on how to cope with rising costs.

Find out more.

Funding

SCVYS are currently developing a Funding News update, so look out for lots of funding opportunities coming your way soon. Don't forget we can also undertake a bespoke funding search for your organisation. Contact your local development worker or <u>office@staffscvys.org.uk</u> for assistance.





STAFFORDSHIRE COUNCIL OF VOLUNTARY YOUTH SERVICE

Funding/Networking Event 19th April 2023

Rising Brook Community Church Stafford

Vacancies



Youth Engagement Worker

We are looking to recruit a Youth Engagement Coordinator to expand, develop and deliver our engagement and consultation work with young people aged 8-25.

The Youth Engagement Worker's primary role will be to support young people to interact with selected policy / decision makers such as local Councillors, Police and Crime Commissioner, senior officials, partner agencies, etc., to express their

considered opinions in a constructive way and to enable Children and Young People to shape and influence future developments within the County.

Salary: £24,000 pa. plus access to pension and healthcare schemes

Hours: Full Time (37 hours per week) worked flexibly with evening and weekend working as required

DBS: The role is eligible for an enhanced DBS check

Driving: Ability to be mobile across the county and in areas where public transport might not be available

Contract: Fixed term to 31st July 2025 with a possible extension to 31st July 2026 (subject to funding)

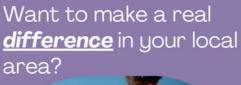
Location: Based at 42a Eastgate Street, Stafford, ST16 2LY but with a requirement to travel across Staffordshire. Hybrid working may be possible once training period is complete.

For more information and request an application pack, you can either:

- Call SCVYS main office on <u>01785 240378</u>
- Email: office@staffscvys.org.uk
- Download application from SCVYS Website <u>https://staffscvys.org.uk/vaca...</u>

Closing Date: By end of 29th March 2023

Interviews: Week commencing 10th April 2023, 42a Eastgate Street, Stafford, ST16 2LY (First floor office with no disabled access)





YESS are looking for Volunteers!

Need a new challenge? Want to make a real difference to people in your local area? Why not volunteer for YESS!

YESS are looking for volunteer fundraisers, support workers (both qualified and unqualified in supporting roles) as well as a janitor. If you wish to find out more about what YESS do please visit <u>https://yess.uk/</u>

For more information or to register your

interest please email: hello@yess.uk

Sharon Rose Author Projects

Charitable organisations support SRAP with accessing training which helps the organisation to offer members more opportunities to showcase their talents and to stay safe while doing so.

Now they need you!! You will take responsibilities such as supporting all members throughout rehearsals and chaperoning on the day of the performanc



Please email us on sharonrosesrap@gmail.com if you're interested.

Fireworks Volunteering opportunities

Fireworks are a Staffordshire based registered charity. They work in primary and secondary schools, supporting young people in their mental and emotional health through singing,



signing and mindfulness. The volunteer role can be taken on in different forms depending on your area of expertise. As a volunteer you will be representing Fireworks as a charity and helping them to grow their work further.

Areas of volunteering include:

Running or supporting in our group sessions in schools, Web page development, Social Media, development, Administration, Fundraising, Music advisor, British Sign Language advisor, Mindfulness practitioner or experience in running mindfulness groups

To find out more and have a chat contact <u>fireworkseh@gmail.com</u> or call them on <u>07866443435</u>.

Volunteer at Burton and District Mind

Looking for a way to make a positive impact on the world and support those in need? Volunteer at Burton and District Mind! By lending a helping hand, you can provide comfort and support to those struggling with their mental



health, and help to create a more understanding and compassionate society. Let's join up and make a difference in the lives who really need that support. Burton and District Mind would love to know more about the exciting skills you can bring to their team. Find out more on how you get involved with them here: :

https://www.burtonmind.co.uk/volunteering

Office Equipment

HP Page Wide MFP377DW Photocopier

FREE TO A GOOD HOME

Are you a voluntary group that's in need of a photocopier?

SCVYS have a surplus to requirements HP Printer/Photocopier, model number MFP 377 DW, we don't have any toners for it, however, we do have the instruction manual.



COLLECTION ONLY FROM STAFFORD

If you are interested please contact office@staffscvys.org.uk

Share your news

Got some good news to share, a job vacancy or volunteering opportunity? Send the details to <u>news@staffscvys.org.uk</u>

SCVYS

42a Eastgate Street, Stafforc United Kingdom



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